



North Beverly Fueled By Fitness 5K Kids Fun Run

Mission Statement

What does the Fitness Festival do for the Children of our Community?

- ✚ Teaches children about health and nutrition
- ✚ Creates a life-long commitment to health and wellness by teaching
- ✚ Offers an after school Fitness Club to get kids running and jumping rope over 100 kids joined in the program last year
- ✚ Challenges kids to exercise every day and complete 1500 minutes in 6 weeks!
- ✚ Pairing older children with younger students to help guide them in fitness activities
- ✚ Builds more exercise opportunities into our daily schedules and show children how to exercise their minds and their hearts
- ✚ Offers a 5K and Kids Fun Run to allow them to reach goals by the end of the 6 week program

We want to get our Beverly Community more involved and help them move their bodies. In order to promote this healthy lifestyle we are hosting our 5th annual “Fueled by Fitness 5K/Kids Fun Run” on Sunday, May 21st, 2017. We cannot do this on our own and are reaching out to our community to help.

Where will your Donation \$ go to help in the Cause to Get Fit?

- ✚ Assist in funding enrichment programs
- ✚ Purchase equipment for children to use throughout the school year
- ✚ Purchase incentives for exercise
- ✚ Provide healthy snacks for our school wide Parade of Healthy Stars
- ✚ Run the 5K / Kids Fun Run Event

We have done a lot of work here at North Beverly and want to be able to move forward and expand upon this great work. We have enclosed a form outlining the various levels of sponsorship. Any and all help is greatly appreciated!

Thank you for your support!
North Beverly’s PTO 5K Fitness Team